



## **Notice of Nondiscrimination and Accessibility under Section 1557 of the Affordable Care Act**

***Discrimination is against the law.*** The University of New Mexico Benefits Plans and Employee Health Promotion comply with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. The University of New Mexico Benefits Plans and Employee Health Promotion do not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

The University of New Mexico Benefits Plans and Employee Health Promotion:

- Provide free aids and services to people with disabilities to communicate effectively with us, such as:
  - Qualified sign language interpreters
  - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provide free language services to people whose primary language is not English, such as:
  - Qualified interpreters
  - Information written in other languages.

If you need these services, contact the Division of Human Resources at 505-277-MyHR (6947).

If you believe that the University of New Mexico Benefits Plans and Employee Health Promotion has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with the UNM Office of Equal Opportunity:

Office of Equal Opportunity  
University of New Mexico  
MSC05 3150  
1 University of New Mexico  
Albuquerque, NM 87131-0001

Phone: 505-277-5251  
Fax: 505-277-1356  
Email: [oeounm@unm.edu](mailto:oeounm@unm.edu)

You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, the UNM Office of Equal Opportunity is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

U.S. Department of Health and Human Services  
 200 Independence Avenue, SW  
 Room 509F, HHH Building  
 Washington, D.C. 20201  
 1-800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.

## Language Assistance

You have the right to receive help and information in your language at no cost. For assistance, call 505-277-My HR (6947).

English	ATTENTION: If you speak [insert language], language assistance services, free of charge, are available to you. Call 1-505-277-6947.
Español (Spanish)	ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-505-277-6947.
Diné Bizaad (Navajo)	Díí baa akó nínízin: Díí saad bee yáníl'ti'go <b>Diné Bizaad</b> , saad bee áká'ánída'áwo'déé', t'áá jiiik'eh, éí ná hóló, koji' hódíílnih 1-505-277-6947.
Tiếng Việt (Vietnamese)	CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-505-277-6947.
Deutsch (German)	ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-505-277- 6947.
繁體中文 (Chinese)	注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-505-277-6947。
العربية (Arabic)	ملحوظة: إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 1-7496-772-505
한국어 (Korean)	주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-505-277-6947 번으로 전화해 주십시오.
Tagalog (Tagalog – Filipino)	PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-505-277-6947.
日本語 (Japanese)	注意事項：日本語を話される場合、無料の言語支援をご利用いただけます。1-505-277-6947 まで、お電話にてご連絡ください。

Français (French)	ATTENTION: Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-505-277-6947.
Italiano (Italian)	ATTENZIONE: In caso la lingua parlata sia l'italiano, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero 1-505-227-6947.
Русский (Russian)	ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-505-227-6947.
हिंदी (Hindi)	ध्यान दें: यदि आप हिंदी बोलते हैं तो आपके लिए मुफ्त में भाषा सहायता सेवाएं उपलब्ध हैं। 1-505-227-6947 पर कॉल करें।
فارسی (Farsi)	توجه: اگر به زبان فارسی گفتگو می کنید، تسهیلات زبانی بصورت رایگان برای شما فراهم می باشد. با 1-505-227-6947 تماس بگیرید.
ภาษาไทย (Thai)	เรียน: ถ้าคุณพูดภาษาไทยคุณสามารถใช้บริการช่วยเหลือทางภาษาได้ฟรี โทร 1-505-227-6947.