



National Walking Day

April 5, 2017

Join us as we “Walk Out on Work” this Wednesday, April 5 to celebrate National Walking Day. Find a time and location that fits your work schedule and start walking!

Main Campus		
<i>Walk time</i>	<i>Start Location/Meeting Place</i>	<i>Est. Distance/time</i>
10:00 AM	John and June Perovich Business Center Lobby	20 minutes
11:00 AM	Front of Logan Hall	30 minutes
11:30 AM	Smith Plaza, front of Humanities Building	1 mile
12:00 PM	G-Lot Bus Stop (front of Dane Smith)	1 hour and a half
12:00 PM	Duck Pond – South End by Clock	1 hour
12:00 PM	Johnson Center Field - By tennis court	15 minutes
2:30 PM	C parking Lot behind Buena Vista Dr.	30 minutes

North Campus		
<i>Walk time</i>	<i>Start Location/Meeting Place</i>	<i>Est. Distance/time</i>
10:00 AM	HSC Library	20 minutes
10:00 AM	Hospital Pavilion patio	15 minutes
10:00 AM	815 Vassar	15 minutes
10:00 AM	3ACC Hallway	15 minutes
11:00 AM	Outside 2nd floor exit to HSC Plaza	15 minutes
12:00 PM	Lobby of the Nursing/Pharmacy Building	40 minutes
12:00 PM	3ACC Hallway	15 minutes

South		
<i>Walk time</i>	<i>Start Location/Meeting Place</i>	<i>Est. Distance/time</i>
9:00 AM	Student Support & Success Center	15 minutes
10:00 AM	Front of Bradbury Building	15 minutes

Other		
<i>Walk time</i>	<i>Start Location/Meeting Place</i>	<i>Est. Distance/time</i>
11:00 AM	UNM Locum Tenens Office	1.6 miles
11:00 AM	Los Alamos Campus	1 mile
2:00 PM	Valencia Campus	1.3 miles

Employee Health Promotion

ehp@unm.edu

505-272-4460

