Departments supporting mental health on campus:

- HR Benefits & Employee Wellness
- Student Health and Counseling (SHAC)
- UNM HSC Wellness
- Counseling, Assistance and Referral Service (CARS)
- AGORA Crisis Center
- UNMH Wellbeing
- Office of Professional Wellbeing

Programs that support mental health on campus:

- Counseling Services (UNM Faculty and Staff)
- Counseling Services (UNM Students)
- UNMH Counseling Services
- Recorded Guided Meditations
- AGORA Crisis Help Line
- Recreational Services/Johnson Gym
- Therapy Available Online (TAO)
- Pet Therapy
- Suicide Awareness Week (Each September)
- Working with Positivity Course

Committees and Coalitions that support mental health at The University of New Mexico:

- UNM Wellness Alliance
- UNM HSC Well-being Coalition
- Campus Mental Health Team
- UNM Suicide Awareness Week Committee