THE EMPLOYEE WELLNESS

4th Annual

STADIUM

STAIR

CHALLENGE

2019



TRAINING DATES

WEDNESDAYS 12:15 - 1:15 PM

March 6 - Johnson Gym, Main Gym

March 13 – Johnson Gym, Main Gym

March 20 - Dreamstyle Stadium

March 27 - Johnson Gym, Main Gym

April 3 – Johnson Gym, Main Gym

April 10 - Dreamstyle Stadium

April 17 – Johnson Gym, Main Gym

April 24 - Dreamstyle Stadium