



Staff Success Days September 19-23

2022 UNM Staff Council Staff Success Days

Brought to you by Staff Council Staff Success Committee and Employee & Organizational Development

Schedule at a Glance

[Click on the title link to register for the individual session you would like to attend.](#)

Monday, September 19

10 – 11 a.m.

[Managing Anxiety](#)

Aria Poncirlioli & Eric Chavez, CARS

Noon – 1 p.m.

[UNM 2040: Strategic Plan & Vision](#)

Teresa Costantinidis, Exec. Vice President for Finance & Administration, James Paul Holloway, Provost & Executive Vice President for Academic Affairs

Noon – 1 p.m.

[Boundaries: Keeping Your Peace](#)

Michael Lovato, Campus Advocate, Women's Resource Center

2 – 3 p.m.

[Resumes & Cover Letters](#)

Autumn Collins, Career Services

Tuesday, September 20

10 – 11 a.m.

[Off Balance](#)

Vanessa Roybal, HSC Wellness

Noon – 1 p.m.

[Writing for Wellness: A Chance to Explore Self-Care Through Creative Writing](#)

Dr. Anthony Fleg, Office for Diversity, Equity & Inclusion, UNM HSC

Noon – 1 p.m.

[Getting Creative with Adobe Creative Cloud](#)

Thomas Gutierrez, Systems/Network Analyst, UNM IT

2 -3 p.m.

[Make Time for a Midday Guided Meditation Break](#)

Tracey L. Briggs, Benefits & Employee Wellness

Wednesday, September 21

10 – 11 a.m.

[Getting the Best Value for Your Tuition Remission - A Degree with ROI](#)

Madeline Lionbarger, Anderson School of Business

Noon – 1 p.m.

[Your EHS Team - How Can We Help You?](#)

Melissa Terry, CHMM, Environmental Health & Safety

Noon – 1 p.m.

[Achieving Personal, Professional & Organizational Success](#)

Audrey Arnold, Continuing Education

2 -3 p.m.

[What Happens If I Get Hurt at Work?](#)

Breanna Lopez, MBA, Risk Services

Thursday, September 22

10 – 11 a.m.

[Branch Campus Chancellor Panel: Unique Features & Happenings at UNM Branch Campuses](#)

Gallup: Dr. Sabrina Ezzell; Taos: Dr. Mary Gutierrez; Los Alamos: Dr. Mike Holtzclaw; Valencia: Dr. Sam Dosumu

Noon – 1 p.m.

[Collaboration: Practice a Key Skill That Allows You to Overcome Obstacles and Build Bridges](#)

Anne Lightsey, Ombuds for Staff

Noon – 1 p.m.

[Ensuring a Stable & High-Quality Workforce for UNM: HR's Initiatives to Support Staff Recruitment, Retention, & Engagement.](#)

Kevin Stevenson, AVP, Human Resources

2 – 3 p.m.

[Overview of Campus Wellness Resources for Faculty & Staff](#)

Reed Vawter, Benefits & Employee Wellness

Friday, September 23

10 – 11 a.m.

[Civil Rights at Work](#)

Beck Rivera, CEEO

Noon – 1 p.m.

[Collaboration, Equity, & Team Building](#)

Janelle Garcia Cole, UNM Family Development Program

Noon – 1 p.m.

[Change Management](#)

Kate Williams, EOD

2 – 3 p.m.

[Tips for Creating a Fitness Schedule & Utilizing the New Online Platform, Bernalong](#)

Leah Adent, Benefits & Employee Wellness