



Exploring The Menopause Journey

**Presented by: Rhiannon Doyle,
CARS Senior Counselor**

Date: Tuesday Feb. 10

Time: 1:30 p.m.

Join us for an exploration of the menopause journey. A discussion highlighting physiological, emotional, and social perspectives on this significant life transition.

This presentation will examine current research, lived experiences, and strategies for fostering awareness and support.

Location: Zoom

**To register please email cars@unm.edu
with your name and email**



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